

Highland Middle and High School 2019–2020 Lunch Menu

MENU #1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza Assorted Wraps Bacon Cheeseburger on a Bun Build a Burrito w/Cheese Sauce/ Pico de Gallo and Rice Baby Carrots Refried Beans Fresh Spinach Salad Pineapple Chunks Fresh Orange Wedge	Specialty Pizza Sloppy Joe on a Bun Buffalo Chicken Wrap Seasoned Green Beans Romaine Blend Cucumber Slices Banana Seasonal Fresh Fruit Yum Yum Cake	Calzone BBQ Pork on a Bun Assorted Deli Sandwiches Breaded Chicken Chunks Roll Mashed Potatoes w/Gravy Seasoned Corn Romaine Blend Cherry Tomatoes Chilled Pears Fresh Fruit	Assorted Pizza Assorted Chef Salads w/Rolls Assorted Wraps Shredded Chicken on a Bun Pasta Salad Red & Green Pepper Strips Romaine Blend Fresh Broccoli Strawberries Seasonal Fresh Fruit Chips	Cook's Choice 	
MENU #2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Pizza Hamburger on a Bun Ham & Cheese on a Bun Chicken Strip Wrap Sweet Potato Fries Carrot Sticks Fresh Spinach Salad Celery Sticks Chilled Mandarin Oranges Raisins	Specialty Pizza Italian Sub Philly Beef & Cheese on a Bun Grape Tomatoes Baked Beans Cucumber Coins Fruit Juice Chilled Diced Peaches Fresh Seasonal Fruit Cookie	Assorted Pizza Pepper Jack Turkey Wrap Smoked Sausage on a Bun Drumstick & Macaroni & Cheese w/ Biscuit Green Beans Red & Green Pepper Strips Romaine Blend Fresh Broccoli Pineapple Fresh Seasonal Fruit	S & F Pizza Pork Rib Sandwich Ham & Pepper Jack Cheese Wrap Pot Roast Dinner Roll Mashed Potatoes w/Gravy Glazed Carrots Romaine Blend Cucumber Slices Chilled Mandarin Oranges Seasonal Fresh Fruit Cookie	Meat Lover's Pizza Fish on a Bun Big Scot on a Bun Assorted Wraps Au Gratin Potatoes Grape Tomatoes Romaine Blend Cauliflower Bites Chilled Diced Pears Seasonal Fresh Fruit	
MENU #3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stromboli BBQ Pork Rib Patty on a Roll Beef & Bean Chili w/Bosco Cheese Stick, Fritos & Carrot Sticks Turkey & Cheese Wrap Seasoned Peas Fresh Spinach Salad Chilled Pineapple Seasonal Fresh Fruit	Specialty Pizza Thai Wrap Hot Dog/Bun Boston Baked Beans Red & Green Pepper Strips Broccoli Salad Carrot Sticks Chilled Applesauce Fresh Orange Wedges Fresh Baked Cookie	Cheese Pizza Sloppy Joe on a Roll Chicken Sandwich Mashed Potatoes w/Gravy Seasoned Green Beans Romaine Blend Cherry Tomatoes Fruit & Yogurt Salad Seasonal Fresh Fruit	Gilardi Pizza Deli Chef Salad Pulled Pork Sandwich Dutch Waffle w/Syrup w/Cheese Omelet Hash Browns Baby Carrots Romaine Blend Cucumber Slices Baked Apples Fruit Juice Chilled Peaches	Pepperoni Pizza Cook's Choice Build a Burger w/Lettuce/Tomato/Onion Oven Baked Fries Romaine Blend Cherry Tomatoes Chilled Fruit Cocktail Fruit Crisp	
MENU #4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mushroom Pizza Deli Sub Grilled Chicken on a Bun Asian Chicken/Dinner Roll Seasoned Rice Hot Broccoli Baby Carrots Romaine Blend Cherry Tomatoes Chilled Pears Seasonal Fresh Fruit	Specialty Pizza Assorted Chef Salads w/Breadsticks Spicy Chicken Wrap Cowboy Salsa w/Chips Cucumber Coins Fresh Spinach Salad Chilled Tropical Fruit Seasonal Fresh Fruit Monster Cookie	Cheese Pizza Meatball Sub Turkey & Club Sandwich Beef & Bean Chili w/Bosco Cheese Stick & Fritos Seasoned Fries Carrots Romaine Blend Cucumber Slices Fruit & Yogurt Salad Seasonal Fresh Fruit	Schwan's Pizza Buffalo Ranch Chicken Wrap Cook's Choice Mini Corn Dogs w/Mac & Cheese Potato Puffs Broccoli Florets Romaine Blend Grape Tomatoes Fruit Cup Cookie	Pepperoni Pizza Roadhouse Burger on a Bun Fish Sandwich BBQ Shredded Pork on a Bun Sweet Potato Souffle Seasoned Green Beans Romaine Blend Carrot Sticks Grapefruit Sections Seasonal Fresh Fruit	
MENU #5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza BBQ Pork Rib on a Bun Grilled Chicken Wrap Egg Omelet w/Cheese & Sausage Biscuit Baked Potato Rounds Fresh Carrots Fresh Spinach Salad Strawberry & Berry Cup Baked Apple Slices	Specialty Pizza Hot Dog on a Bun Deli Chef Salad & Muffin Seasoned Mixed Vegetables Baby Carrots Romaine Blend Grape Tomatoes Fresh Seasonal Fruit Fruit Crisp	Sausage Pizza Cheeseburger on a Bun Popcorn Chicken Salad w/Roll Chicken Italiano w/Spaghetti & Breadstick Broccoli Florets Romaine Blend Cucumber Slices Chilled Mandarin Oranges Fresh Seasonal Fruit	Assorted Pizza Ham & Swiss Sandwich Grilled Chicken Patty on a Roll Taco Meat w/Cheese & Chips Cowboy Salsa w/Chips Refried Beans Romaine Blend Cherry Tomatoes Chilled Pears Fresh Seasonal Fruit Oatmeal Buckeye Bars	Meat Lover's Pizza Assorted Wraps Philly Steak & Cheese Sandwich Chicken Fajita w/Rice & Roll Seasoned Corn Fresh Broccoli Romaine Blend Carrot Sticks Chilled Pineapple Seasonal Fresh Fruit	

BREAKFAST MENU

These items will be offered on an alternate rotation in addition to the daily offering:

Pop Tarts, Frufels, Pancakes, Waffles, Cheese Sticks

MON	Pancake Wrap Choice of Fruit/Juice
TUES	Assorted Hot Breakfast Entrees Choice of Fruit/Juice
WED	Breakfast Pizza Choice of Fruit/Juice
THURS	Assorted Warm Pastries Choice of Fruit/Juice
FRI	Biscuit & Gravy Choice of Fruit/Juice



Prices

6–12 Lunch \$2.75/Reduced \$.40

Extra Milk \$.50

Breakfast \$1.00/Reduced \$.30

Free and reduced applications are available at any of the school offices or you may call the Food Service Department at 419-768-2516.

Follow the menu with its calendar day. Each week is represented by color and represents a 5-week cycle menu.

Parents are encouraged to prepay for breakfast and lunches — please reference your child's full name on the check. Online pay is available at www.MySchoolBucks.com.

Menu changes may be necessary throughout the year. We will try to communicate these changes in advance when possible.

Promotions will be announced in advance.

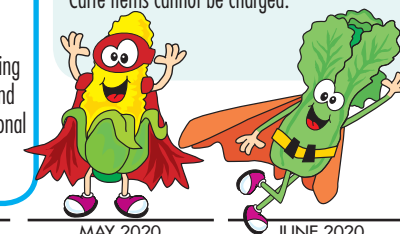
OHIO PROUD we will serve Ohio made & grown products on special days to be announced

Charge Policy as of 7/1/17 states that a student can't exceed \$10.00 in charges or they will be served an alternative lunch. A la Carte items cannot be charged.

Assorted multi grain cereals offered every day for breakfast. In addition to daily offerings we also will have a variety of **assorted entrées, salads, fruits, juice and vegetables** offered daily. **Ice Cold Milk** is served daily for Breakfast and Lunch.



Domino's offered on alternating Tuesdays Jet's Pizza on second Thursday every month-additional dates may be added.



This institution is an equal opportunity provider.

SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020	JUNE 2020																																																																																																																																															
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